

Kilgetty Co-Op Staff Train With Karate Club

By Sharron Hardwick

Staff from Kilgetty Co-operative joined Kilgetty Shotokan Karate Club recently as part of their work in the local community.

Co-Op Store Manager, Chris Perkins accepted the Karate Club's invitation. Chris Perkins with Daphnie Davies, Sue Callan, Erica Thomas worked hard, taking part in Sensei Ian Rattcliff's training session with the Kilgetty Karate Club students. "I was really impressed with their efforts, and can not thank the Co-op enough for their support." said Sensei Ian Rattcliff after the session.

This is not the first time Kilgetty Co-op have supported the local Karate Club, they have donated prizes for their club bingo, supplied Fairtrade refreshments for their fundraising events, and invited the students to do sponsored bag packing and car washing at their store.

Kilgetty Shotokan Karate Club have had a busy year trying to raise funds for next years trip to Latvia. In addition to the Co-Op activities, they held: a stall, performing a demonstration, at Kilgetty Fun day, table top sales, craft fairs, and a sponsored walk up Mount Snowdon.

Kilgetty Karate Club are grateful for the generous donations from local businesses, like the Co-Op.

Their final 2010 push for club funds takes place on the 11th December 10am – 4pm, in Kilgetty Community Centre, where the club will be holding a Craft Fair and table top sale, with Fair Trade refreshments, donated by Kilgetty Co-op. It is £5 per table for stall holders. All are welcome.

For more details about Kilgetty Karate Club or to book a table call 07986332288.

